



SYARIFAH AQILAH

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ADMINISTRATIVE APPOINTMENT

Lecturer 2025 – present
ASEAN Institute for Health Development, Mahidol University – Thailand

EDUCATION

Ph. D. in Public Health 2024
Chulalongkorn University, Thailand

Master of Public Health 2020
Chulalongkorn University, Thailand

Bachelor of Nutrition 2015
Universitas Indonesia, Indonesia

EXPERTISE / AREAS OF RESEARCH INTEREST

- Public health
- Nutrition
- Health promotion
- Adolescent's / youth health

WORKING AND RESEARCH EXPERIENCE

School lunch project at primary schools in Jakarta, Indonesia 2018 – 2019
Researcher at Community Nutrition Lab. Faculty of Public Health Universitas Indonesia, Indonesia in collaboration with Jumonji University, Japan

Reconciliation specialist 2017
Social Security Agency on Health (BPJS Kesehatan), Indonesia

PUBLICATIONS LIST

- Akbar, K. A., Aqilah, S., & Tualeka, A. R. (2025). Changing climate, changing plates: a 13-year national study of staple food consumption in Indonesia. *Journal of Hunger & Environmental Nutrition*, 1–12. <https://doi.org/10.1080/19320248.2025.2595533>
- Akbar, K. A., Fatma, R. K., & Aqilah, S. (2025). Climate Factors Contribute to Irritant Contact Dermatitis Among Farmers: A Study in East Java, Indonesia . *The Indonesian Journal of*

- Aqilah, S., & Taneepanichskul, N. (2024). Ethnicity, physical activity, and the dietary intake of boarding high school students: A photovoice mixed method study. *International Journal of Innovative Research and Scientific Studies*, 7(2), 354-365. <https://doi.org/10.53894/ijirss.v7i2.2628>
- Muanprasong, S., Aqilah, S., Hermayurisca, F., & Taneepanichskul, N. (2024). Effectiveness of Asthma Home Management Manual and Low-Cost Air Filter on Quality of Life Among Asthma Adults: A 3-Arm Randomized Controlled Trial. *Journal of Multidisciplinary Healthcare*, 17(null), 2613-2622. <https://doi.org/10.2147/JMDH.S397388>
- Aqilah S and Taneepanichskul N. Effectiveness of environmental nutrition program on student dietary intake in boarding schools [version 1; peer review: awaiting peer review]. *F1000Research* 2024, 13:1321 (<https://doi.org/10.12688/f1000research.157537.1>)
- Taneepanichskul N., Aqilah S., Roviqoh C., & Sudrajat S. (2023) Communicating the Indonesian Dietary Recommendations: Lessons Learned From Boarding School ISSN: 2758-0962 The Paris Conference on Education 2023: Official Conference Proceedings <https://doi.org/10.22492/issn.2758-0962.2023.13>
- Aqilah, S., Phanumartwiwath, A., & Taneepanichskul, N. (2023). Factors associated with food choice motivations among urban high school students in Indonesia. *J Health Res*, 37(6). <https://doi.org/10.56808/2586-940X.1040>

Oral presentation

- The 55th Asia-Pacific Academic Consortium of Public Health Conference (APACPH), South Korea 2024. *Adaptation and validity of photovoice study in nutritional research: a preliminary study.*
- The 2nd Paris Conference on Education, France 2023. *Communicating the Indonesian dietary recommendations: lessons learned from boarding high school.*
- The 11th International Graduate Students Conference on Population and Public Health, Thailand 2020. *Food choice behaviour among high school students in Depok, Indonesia.*
- The 7th Conference of Indonesian Student Association in South Korea, South Korea 2014. *Tofu dregs siomay: utilization of tofu dregs for people with type 2 diabetes.*

Poster

- The 48th Asia-Pacific Academic Consortium of Public Health Conference (APACPH), Japan 2016. *Relationship between reading food label habit and other factors with buying milk-for-toddlers decision on parents of the students at SDIT Al-Hamidiyah Depok in 2015.*
- The Asia Conference on Education Undergraduate Research Symposium 2015, Japan 2015. *Counseling intervention: an alternative education for people concerning vegetable treatment and preparation.*

RESEARCH GRANTS / FELLOWSHIPS

The 90 th Anniversary of Chulalongkorn University Research Fund Thailand	2022
General Directorate of Higher Education, Ministry of Education and Culture Republic of Indonesia – Student Creativity Program Fund Indonesia	2012

AWARDS AND HONORS

- Asia-Pacific Academic Consortium of Public Health - APACPH 2024 Grant Program Awardee
- Chulalongkorn University Dissertation Award “Very Good” level
- Chulalongkorn University Scholarship of oversea academic presentation (Paris, France)
- Chulalongkorn University Graduate Scholarship Programme – doctoral degree
- Chulalongkorn University Thesis Award “Good” level
- Chulalongkorn University Graduate Scholarship Programme – master’s degree
- Universitas Indonesia Bachelor’s graduate with “Cum Laude”
- Best paper at the 7th Conference of Indonesian Student Association in South Korea, South Korea
2014